

Table 5.2: Health Status^{1,2}

Health Status	Total (N=1002)	Age Group			Disability Level		
		65-74 (N=388)	75-84 (N=311)	85+ (N=303)	Moderate ³ (N=343)	ADL Difficulty	
						Receives No Help (N=478)	Receives Help (N=181)
At the present time, would you say that your health is . . . ?(%) ⁴							
Excellent	3.6	2.1	3.5	8.2	3.5	3.2	4.7
Very good	13.4	11.6	13.4	18.3	13.2	15.8	7.1
Good	28.9	29.6	27.6	30.3	34.3	25.9	26.1
Fair	35.5	38.4	34.1	30.6	33.6	38.9	29.8
Poor	18.7	18.3	21.4	12.5	15.4	16.3	32.3
During the last 2 weeks or 14 days, did you stay in bed for more than half a day because of illness or injury?							
Yes (%)	11.4	11.5	12.7	7.8	7.8	9.7	24.0
If yes: Mean days in bed ⁵	6.0	6.3	5.3	8.2	5.1	5.5	7.2
Number of days in bed ⁶							
1-3 (%)	49.3	44.3	58.1	32.4	56.1	57.0	36.1
4-7 (%)	21.3	24.7	17.7	22.3	24.8	14.9	26.1
8-14 (%)	29.4	31.0	24.2	45.3	19.2	28.1	37.8
Were there any (other) days when you cut down on the things you usually do because of illness or injury?							
Yes (%)	30.0	36.0	28.3	17.2	27.7	29.3	37.0
Mean days cut down ^o	5.7	5.7	5.5	6.7	4.9	5.7	7.1
Number of days cut down ⁴							
1-3 (%)	47.3	46.3	50.3	40.2	52.7	49.3	33.4
4-7 (%)	28.4	30.2	27.6	21.3	29.5	25.7	33.0
8-14 (%)	24.3	23.6	22.1	38.6	17.7	25.0	33.6

(Women's Health and Aging Study, baseline interview, 1992-1995)

¹ All variables have less than 2% missing data. Results are based on non-missing data.

² Percents and means are based on weighted data.

³ No ADL difficulty; disabled in two or more domains (see Chapter 1).

⁴ Categories may not add up to 100% due to rounding.

⁵ During the last 2 weeks, how many days did you stay in bed more than half the day because of illness or injury?

⁶ How many days did you cut down, not counting those when you stayed in bed?