

Table 4.2: Percent Able to Hold Stands for Ten Seconds^{1,2}

Type of Stand	Total (N=1002)	Age Group			Disability Level		
		65-74 (N=388)	75-84 (N=311)	85+ (N=303)	Moderate ³ (N=343)	ADL Difficulty	
						Receives No Help (N=478)	Receives Help (N=181)
Side-by-side stand	84.1	90.0	84.6	65.5	95.1	85.3	58.2
Semi-tandem stand	63.2	76.1	61.0	31.6	78.0	62.6	34.5
Tandem stand	24.9	39.7	16.6	4.0	34.8	23.6	8.2

(Women's Health and Aging Study, physical assessment, 1992-1995)

¹ All variables have less than 1% missing data. Results are based on non-missing data.

² Descriptive statistics are based on weighted data.

³ No ADL difficulty; disabled in two or more domains (see Chapter 1).