

**Table 2.5: Percent of Women Reporting Difficulty in ADLs and Level of Difficulty Reported<sup>1,2</sup>**

Task and Level of Difficulty	Total (N=1002)	Age Group			Disability Level		
		65-74 (N=388)	75-84 (N=311)	85+ (N=303)	Moderate <sup>3</sup> (N=343)	ADL Difficulty	
						Receives No Help (N=478)	Receives Help (N=181)
Bathing or showering <sup>4</sup>	44.8	39.4	46.9	55.1	0.0	61.7	90.5
Level of difficulty <sup>5,6</sup>							
A little	9.5	10.8	8.3	9.0	0.0	15.4	12.7
Some	12.6	11.3	13.9	12.7	0.0	19.0	20.8
A lot	10.3	8.3	11.7	12.3	0.0	14.3	20.4
Unable to do	12.3	8.9	12.7	20.9	0.0	12.6	36.6
Getting in and out of bed or chairs <sup>4</sup>	35.1	33.3	35.4	39.5	0.0	51.4	62.3
Level of difficulty <sup>5,6</sup>							
A little	12.6	12.8	11.8	14.1	0.0	22.1	12.1
Some	11.4	9.2	12.8	14.0	0.0	16.4	21.0
A lot	8.1	8.7	7.9	7.3	0.0	11.4	16.0
Unable to do	2.6	2.2	2.7	3.8	0.0	0.8	13.2
Dressing <sup>4</sup>	21.4	19.1	23.0	23.7	0.0	23.7	59.2
Level of difficulty <sup>5,6</sup>							
A little	8.4	9.3	7.0	9.4	0.0	12.4	14.4
Some	7.0	5.4	8.2	8.1	0.0	7.8	19.1
A lot	3.8	3.1	5.1	2.1	0.0	3.5	12.3
Unable to do	2.3	1.4	2.7	3.7	0.0	0.0	13.3
Using the toilet, including getting to the toilet <sup>4</sup>	20.4	17.2	21.4	27.2	0.0	24.2	52.4
Level of difficulty <sup>5,6</sup>							
A little	5.1	4.8	5.2	5.4	0.0	8.1	7.1
Some	5.7	5.0	5.5	8.7	0.0	8.4	10.2
A lot	4.9	3.7	5.9	5.7	0.0	3.8	18.1
Unable to do	4.5	3.5	4.8	6.8	0.0	3.4	17.0
Eating, for example, holding a fork, cutting your food, or drinking from a glass <sup>4</sup>	9.1	8.4	10.0	8.6	0.0	11.0	22.6
Level of difficulty <sup>5,6</sup>							
A little	3.9	3.0	5.3	3.0	0.0	6.3	5.6
Some	2.7	2.3	2.8	3.6	0.0	2.6	8.7
A lot	1.6	2.2	1.0	1.8	0.0	1.6	5.0
Unable to do	0.7	0.7	0.9	0.2	0.0	0.3	3.4

(Women's Health and Aging Study, screening and baseline interviews, 1992-1995)

<sup>1</sup> All variables have less than 1% missing data. Results are based on non-missing data.

<sup>2</sup> Descriptive statistics are based on weighted data.

<sup>3</sup> No ADL difficulty; disabled in two or more domains (see Chapter 1).

<sup>4</sup> The screener question is in the form "By yourself, that is, without help from another person or special equipment, do you have any difficulty . . . ?" The presence of the condition was confirmed in the baseline interview.

<sup>5</sup> How much difficulty do you have?

<sup>6</sup> The percents of participants reporting their levels of difficulty may not add up to the percent reporting difficulty due to (1) rounding (2) level of difficulty not reported.